



## PAPER

## Motor adaptation via distributional learning

Brian A Mitchell<sup>1,\*</sup> , Michelle Marneweck<sup>2,5</sup>, Scott T Grafton<sup>3</sup> and Linda R. Petzold<sup>4</sup><sup>1</sup> Department of Computer Science, University of California, Santa Barbara, CA, United States of America<sup>2</sup> Department of Human Physiology, University of Oregon, Eugene, OR, United States of America<sup>3</sup> Department of Psychological and Brain Sciences, University of California, Santa Barbara, CA, United States of America<sup>4</sup> Department of Computer Science, Department of Mechanical Engineering, University of California, Santa Barbara, CA, United States of America<sup>5</sup> Joint co-first author

\* Author to whom any correspondence should be addressed.

E-mail: [brian\\_a\\_mitchell@cs.ucsb.edu](mailto:brian_a_mitchell@cs.ucsb.edu)**Keywords:** neuroscience, functional magnetic resonance imaging, learning, control, reinforcement learning**Abstract**

**Objective.** Both artificial and biological controllers experience errors during learning that are probabilistically distributed. We develop a framework for modeling distributions of errors and relating deviations in these distributions to neural activity. **Approach.** The biological system we consider is a task where human subjects are required to learn to minimize the roll of an inverted T-shaped object with an unbalanced weight (i.e. one side of the object is heavier than the other side) during lift. We also collect BOLD activity during this process. For our experimental setup, we define the state of the system to be the maximum magnitude roll of the object after lift onset and give subjects the goal of achieving the zero state. **Main Results.** We derive a model for this problem from a variant of Temporal Difference Learning. We then combine this model with Distributional Reinforcement Learning (DRL), a framework that involves defining a value distribution by treating the reward as stochastic. This model transforms the goal of the controller from achieving a target state, to achieving a distribution over distances from the target state. We call it a Distributional Temporal Difference Model (DTDM). The DTDM allows us to model errors in unsuccessfully minimizing object roll using deviations in the value distribution when the center of mass of the unbalanced object is changed. We compute deviations in global neural activity and show that they vary continuously with deviations in the value distribution. Different aspects might contribute to this global shift or signal difference, including a difference in grasp and lift force at lift onset, as well as sensory feedback of error/roll after lift onset. We predict that there exists a coordinated, global response to errors that incorporates all of this information, which is encoding the DTDM objective and used on subsequent trials enabling success. We validate the utility of the DTDM as a model for biological adaptation by using it to engineer a robotic controller to solve a similar problem. **Significance.** We develop a novel theoretical framework and show that it can be used to model a non-trivial motor learning task. Because this theoretical framework is consistent with state-of-the-art reinforcement learning, we can also use it to program a robot to perform a similar task. These results suggest a way to model the multiple subsystems composing global neural activity in a way that transfers well to engineering artificial intelligence.

**1. Introduction**

The human brain is capable of controlling movement to achieve adaptation to a changing environment extremely quickly. This adaptation is much faster and more flexible than controllers engineered by humans can achieve, in part because our understanding of

how human motor control works is incomplete. We argue that methods that can be applied to both biological and artificial systems are necessary in order to bridge this gap [15]. In particular, one of the gaps is the lack of models relating the behavioral errors optimized during adaptation with neural activity. Specifically, even after a large amount of training,

behavior is stochastic and the variability of this behavior has been correlated with performance [51–55]. Because of the persistent variability of behavior, feedback rewards and errors, which are functions of behavior, are probabilistically distributed. Motor learning would then best be framed in terms of the optimization of a *distribution* of rewards or errors. And yet, to the best of our knowledge, there are no known approaches for modeling distributions of rewards during motor learning and relating their optimization to neural activity.

One common approach is to reduce the probabilistic nature of observed rewards to a deterministic function by looking at the expected reward [63–66, 68]. We argue in this work that such approaches are not a complete representation of the learning process. For example, some neural systems have been shown to optimize the expected future reward, but others may have different, independent objectives: these may include variance reduction or risk-averse learning which involves optimizing the size of the tail(s) of the distribution over future rewards. Moreover, there is a growing body of work that shows that the brain optimizes a Minimum Free Energy (MFE) objective during learning [4–14]. This objective is equivalent to optimizing the KL-Divergence between error and ideal probability distributions. We contribute results to the body of work on MFE theory by modeling rewards as random variables and proposing that the brain is adapting by minimizing deviations between error and ideal distributions of rewards.

We present behavioral and fMRI BOLD data generated from analysis of 16 subjects, each instructed to minimize the rotation of an unbalanced object at and following its lift. At regular intervals, the center of mass of this object is rotated 180 degrees along its vertical plane, forcing the subjects to adapt their strategy to lift the object while minimizing its roll. In this work, we study adaptation to a changing environment over a series of trials (i.e. a series of attempted lifts). We define the state of the system to be the maximum magnitude of the roll of the object for each trial. Our goal is to model the learning objective that is driving the system to the zero state (the target state). A recent extension of Temporal Difference Learning, called the Temporal Difference Model (TDM) framework, suggests a way to incorporate ‘closeness’ between the current and a target state into a value function [58]. Specifically, if the negative distance from the current to the target state is used as the reward, then the value function quantifies the expected future proximity to the target state. Stochasticity of the reward function can be modeled using Distributional Reinforcement Learning (DRL), where the reward is modeled as a random variable. We combine the DRL and TDM approaches in this work and refer to the complete model as a Distributional Temporal Difference Model (DTDM). DTDM requires the estimation of a value

distribution, rather than a value function, which intuitively corresponds to the distribution over future distances from the target. To fit this distribution, temporal differences between an updated value distribution and a past estimate of the value distribution are used; this is in contrast to classic Temporal Difference Learning which relies on comparisons between value functions. Distributional temporal differences can be interpreted as error signals and we show in this work that the optimization of these errors serves as a good model of motor adaptation.

We treat our experimental set up as a short-time horizon problem where the value distribution models distances between the current and target states at the next trial. We show that the value distribution becomes significantly distorted after a change in the center of mass of the object, a distortion which is quickly corrected after a few trials. This correction involves a shift in the mean of the value distribution, in addition to other changes in the structure of the distribution, including a reduction in variance and a shrinking of the size of its tails. To find a neural basis for all of these different characteristics and potential objectives, we look at the *global* neural activity. We show that the magnitude of the distortion of the value distribution varies continuously with the average deviation in global neural activity, suggesting that the brain is optimizing the distortion in the value distribution during motor adaptation. Further, we show that deviations in global neural activity are directly proportional to those of sensorimotor activity, justifying our choice of representation.

We further validate the utility of the distributional temporal difference by using it to train a robot to perform a similar task, that is, to lift an object with minimal roll and do so while adapting to changes in its center of mass. We use the DTDM to update a model of system dynamics for use in Model Predictive Control (MPC), and as seen in human subjects, our optimization scheme results in exponential improvement of the model, both during initial training and during updating. We show that with this prediction error, the robot is able to quickly update its model and minimize the roll of the object.

## 2. Materials and Methods

### 2.1. Summary

In our study of motor adaptation, participants ( $N = 16$ ) performed an object lifting task during fMRI scans that required them to minimize the rotation of the object at and during lift. Subjects had to adapt their strategy to the changing of the object’s center of mass at regular intervals. Participants performed 7 runs of 40 trials, where each trial required them to use their thumb and index finger to vertically lift an inverted T-shaped object with an unbalanced center of mass while minimizing its roll at lift onset.

Each trial required the subjects to lift the object 5 cm from a flat surface and subjects were notified when the magnitude of the roll of the object exceeded  $5^\circ$ . Every 10 trials, the object was rotated by 180 degrees, requiring the subjects to change their digit positioning, digit load force, or some combination of the two to achieve task success. For each of the 7 unconstrained runs, subjects were free to change the positioning of their thumb and index finger at will. The position of the thumb, index finger and object (and its roll) was tracked during the course of each trial using a 3-camera motion tracking system. Performance was measured by the absolute maximum magnitude roll generated within 250 ms following lift onset (when the object was lifted 1 mm from the table). To allow the subjects to familiarize themselves with the experiment, the first run of 40 trials was allocated for practice and no BOLD activity was measured. For the final 6 runs, BOLD activity was collected for all subjects during all trials. Whole-brain analysis was conducted to identify brain regions activated during 17 time bins, each being 400 ms long, beginning 1.2 s before lift onset. For each block of 20 trials, blocks of contiguous trials were averaged to yield 7 conditions: pre-rotation conditions containing trials 2–4, 5–7, and 8–10; a rotation condition containing trial 11; and post-rotation conditions containing trials 12–14, 15–17, and 18–20. This was done to smooth over short-time variation between trials. Beta values from whole brain analysis were extracted using the Juelich atlas. The vector of all beta values is what we refer to as ‘global neural activity’ in this work.

## 2.2. Participants

Twenty healthy subjects participated in this study (median age: 22 years; range: 18–32; 11 women). They were right-handed and had normal or correct to normal vision. We excluded four subjects as a result of equipment failure ( $n = 3$ ) and not finishing the experiment ( $n = 1$ ). Subjects gave written informed consent and all study procedures were approved by the Human Subjects Committee, Office of Research, University of California–Santa Barbara.

## 2.3. Materials, Design, and Procedure

Subjects were in supine position in the scanner. Excessive head and body motion was minimized with firm cushion padding of the head, neck, and shoulders. Sandbags under the upper right arm minimized upper limb movement. T1 and T2\*-weighted scans were collected followed by BOLD measurements while subjects manipulated a symmetrically-shaped object with a hidden asymmetric mass distribution with the aim of preventing object roll.

Specifications of the custom-made inverted T-shaped object with constrained and unconstrained grasp surfaces along its vertical axis can be found in [3]. In short, the object had a horizontal base and a vertical Plexiglass column. On either side of the

vertical column were grip surfaces that were either circular (for constrained contact points) or rectangular (for unconstrained contact points) in shape. A brass block, concealed by covers, was positioned on the horizontal base on either side of the vertical column, creating an asymmetric mass distribution (object torque = 180 Newton millimeter (Nmm)). The total mass of the object was 610 g.

The object was placed at arm’s length on a table that was placed over the hips of the subject. The object start position was rotated in a counterclockwise direction at a  $30^\circ$  offset from the edge of the table. This position minimized biomechanical constraints that influence object roll (the wrist would be stiffened more when picking up the object when facing forward rather than angled; the former would minimize the object rolling in a clockwise direction). Subjects were asked to press a button that was in a fixed position toward the right of the object between trials. A mirror attached to the head coil gave continuous viewing of the object and the subject’s hand.

Anatomical and fMRI data were collected using a Siemens 3 T Magnetom Prisma Fit (64-channel phased-array head coil). High-resolution 0.94 mm isotropic T1-weighted ( $TR = 2500$  ms,  $TE = 2.22$  ms,  $FA = 7^\circ$ ,  $FOV = 241$  mm) and T2\*-weighted ( $TR = 3200$  ms,  $TE = 566$  ms,  $FOV = 241$  mm) whole-brain sagittal sequence images were taken. During object manipulation, BOLD contrast was measured with a multi-band T2\*-weighted echoplanar gradient-echo imaging sequence ( $TR = 400$  ms,  $TE = 35$  ms,  $FA = 52^\circ$ ,  $FOV = 192$  mm, multi-band factor 8). A functional image contained 48 slices acquired parallel to the AC–PC plane (3 mm thick;  $3 \times 3$  mm in-plane resolution).

The position and roll of the object were measured using three motion tracking cameras that were radiofrequency-shielded (Precision Point Tracking System, Worldviz; see [3] for the in-scanner setup). With this system, we recorded positions with six degrees of freedom using near-infrared LEDs (frame rate: 150 Hz; camera resolution:  $640 \times 480$  VGA; at the focal distance, the spatial accuracy is sub-millimeter). An individual LED marker was positioned on either side of the T-shaped object on the outer tip of the aluminum rods (to measure object roll).

### 2.3.1. Experimental Design and Procedure

The experimental task consisted of four conditions: manipulating the left- and right-weighted object at constrained and unconstrained contact points. Before scanning, subjects completed 40 practice trials to familiarize them with the audio cues instructing when and how to lift the object on a given trial. The 40 trials consisted of 10 blocked trials for each of the 4 conditions (20 trials at unconstrained and 20 trials at constrained grasp contact points). We focus on the data generated from the unconstrained trials in this work.

Each trial began with the subject's hand relaxed on the button. An audio cue instructed subjects to release the button and to reach, grasp, and lift the object to a height marker (5 cm) until the next audio cue (4 s after button-release time) that instructed them to return the object and hand to their respective start positions. The start cue of the first trial was aligned with a functional image. An error cue was given after trial completion if the object roll exceeded  $5^\circ$  at any time during the trial. Stimulus timings for each block of trials were controlled by a custom script (Vizard Virtual Reality Software Toolkit, version 4.0, World-viz), and the inter-trial interval was randomly chosen to be between 2–6 s, with a rest period between each of the four blocks of trials. Trial order within a given block was counterbalanced across runs and subjects.

Following practice, BOLD contrast was measured as subjects completed 40 trials in each of 6 functional runs (for a total of 240 trials). For each run's fMRI analyses, we parsed these trials in the following way, giving 7 conditions of interest for unconstrained and constrained conditions, respectively:

1. early pre-rotation trials 2–4
2. mid pre-rotation trials 5–7
3. late pre-rotation trials 8–10
4. rotation trial 11
5. early post-rotation trials 12–14
6. mid post-rotation trials 15–17
7. late post-rotation trials 18–20.

## 2.4. Kinematic data processing

Kinematic data were filtered using a fourth-order Butterworth filter (cutoff frequency = 5 Hz). We defined object roll as the angle of the object in the frontal plane, with peak object roll extracted shortly after lift onset (250 ms) before somatosensory feedback resulted in corrective responses to counter object roll. Trials with object roll  $> 5^\circ$  were classified as errors. Lift onset was defined as the timepoint when the object was lifted 1 mm and remained above this value for at least 20 samples.

## 2.5. MRI data preprocessing

MRI data were pre-processed and analyzed in SPM12 (Wellcome Trust Center for Neuroimaging, London, UK). Specifically, functional images across all runs were spatially realigned to a mean functional image using 2nd degree B-spline interpolation, which were then co-registered to each subject's structural T1 image. Between-subject spatial normalization steps were conducted with SPM's normalize function aligning each subject's T1 and its co-registered functional images into standard ICBM/MNI-152 atlas space (interpolation: 4th degree B-spline; voxel size: 3x3x3 mm).

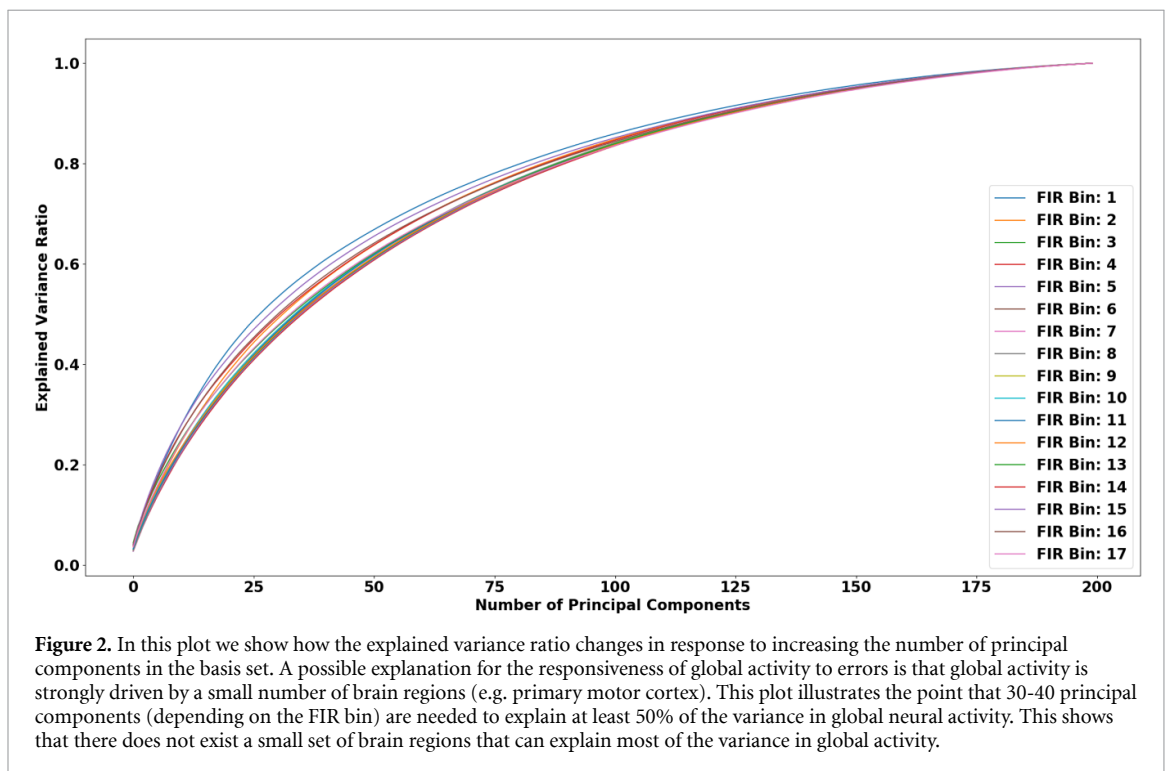
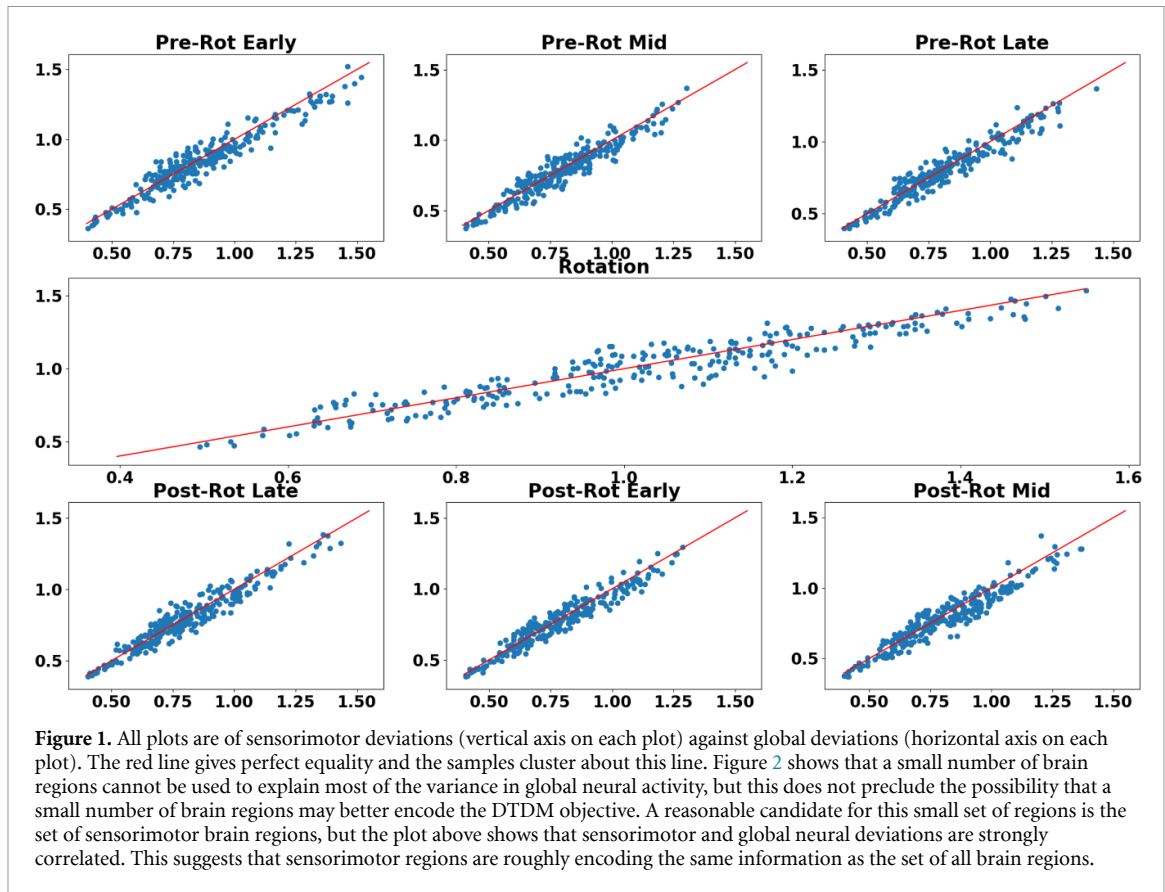
We used a deconvolution-based general linear model (GLM) approach to model BOLD activity, with a finite impulse response (FIR) function selected as a basis function (window length: 6.8 s; order:

400 ms), yielding 17 400 ms time bins. Bins 0 and 1 relate to neural activity present before lift onset; lift onset occurs at the start of bin 3. As described above, for each run, we modeled 7 conditions for unconstrained and constrained trials, respectively, with three pre-rotation conditions containing trials 2–4, 5–7, and 8–10; a rotation condition containing trial 11; and three post-rotation conditions containing trials 12–14, 15–17, and 18–20.

Finally, we used the RobustWLS Toolbox in SPM [48] to account for movement artifact by an unbiased estimation of noise variance of each imaging and down-weighting of images with high variance. Nevertheless, head motion mean rotations and translations (with minimum and maximum values in parentheses) were minimal:  $x$ :  $-.02$  mm ( $-.38, .34$ );  $y$ :  $-.29$  mm ( $-.86, .29$ );  $z$ :  $.76$  mm ( $-.42, 1.72$ ); pitch:  $-.008^\circ$  ( $-.02, .008$ ); roll:  $-.001^\circ$  ( $-.009, .006$ ); yaw:  $.002^\circ$  ( $-.005, .01$ ).

Before use in estimating the neural deviation, the BOLD values across different ROI's were aggregated into vectors. Given that the task under consideration was a sensorimotor task, it would be natural to restrict the regions under consideration to sensorimotor regions. We show in figure 1 that this is unnecessary, as the deviations generated by sensorimotor regions (vertical axis) are directly proportional to those generated by global activity (horizontal axis). The red lines demonstrate approximate equivalence: the sample deviations cluster about this line for all conditions. The sensorimotor ROI's selected here were the bilateral anterior intraparietal sulcus (AIPS), the Cerebellum, Insula, motor 4a, motor 4p, parietal operculum, primary somatosensory cortex, and superior parietal lobule (SPL). Before deviations were computed, the BOLD vectors were mapped to a lower dimensional space (the space used was ten dimensional). A basis for this space was computed using the Treelet Transform [42] because of its ability to capture sparse, hierarchical structure in covariance matrices.

One explanation for the strong effect of errors on global neural activity is that activity is largely driven by motor brain regions. We address this possibility by considering a seed-based functional connectivity analysis, where the seed regions selected were bilateral motor 4a and motor 4p. This sort of analysis could involve attempting to explain the variance in global activity with variation in the activity of the seed regions. We find that not only can these four regions not explain a significant portion of the global activity, there are no four brain regions that can. In fact, we find that 30–40 regions are required to explain over 50% of the variance in global neural activity. To show this, for each FIR bin, we collected vectors of BOLD activity over all subjects and trials. We then computed a Principal Component Analysis (PCA) and looked at the explained variance ratios for different numbers of principal components. The results of this experiment

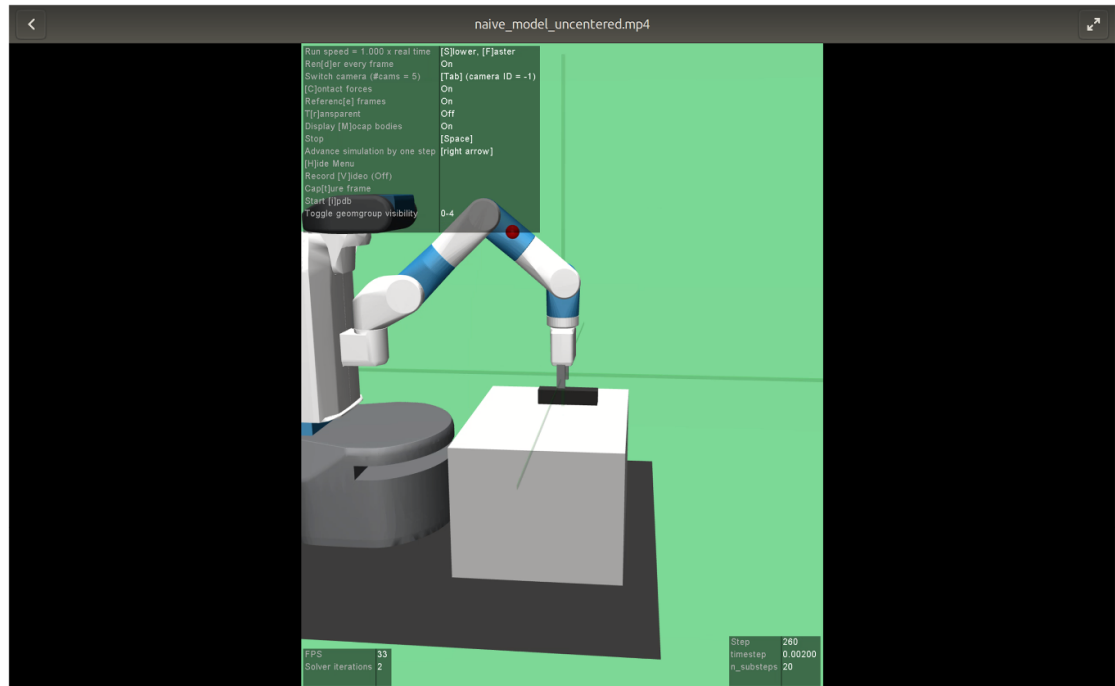


are shown in figure 2: this plot highlights the fact that there does not exist a small group of brain regions that can explain most of the variance in global neural activity.

## 2.6. Robotic Simulation Details

The OpenAI Gym Pick and Place environment was modified to replicate the experimental task described in this paper. Specifically, the block to be moved was





**Figure 3.** A still frame taken from the robotic simulation. Reproduced from [71]. Copyright (c) 2016 OpenAI (<https://openai.com>).

extended along a single axis to allow for shifting of the center of mass of the block along this extended axis. Adapting to lift this unbalanced weight with minimal roll along the extended axis would then test the ability of the robot to perform a similar task to that accomplished by the human subjects. Two prior policies were trained using Deep Deterministic Policy Gradients (DDPG) and Hindsight Experience Replay (HER) to lift the block with minimal roll when its center of mass is centered and uncentered, respectively [69]. The parameters used for training were the defaults given in [69]. A single frame taken of the simulation is shown in figure 3.

The dynamics model used for Model Predictive Control (MPC) was a deep neural network with 3 layers and 256 neurons per layer. This network was trained using ADAM with learning rate 0.001 and batch size 256 [70]. Mini-batches were sampled from a uniform distribution over elements of the replay buffer, which had a maximum size of  $1 \times 10^{-6}$  elements. A zero'th order policy optimization scheme was used within the MPC framework. For this optimization scheme, 500 rollouts were used, each of length 15 timesteps.

### 3. Results

#### 3.1. Errors During Motor Learning are Probabilistically Distributed

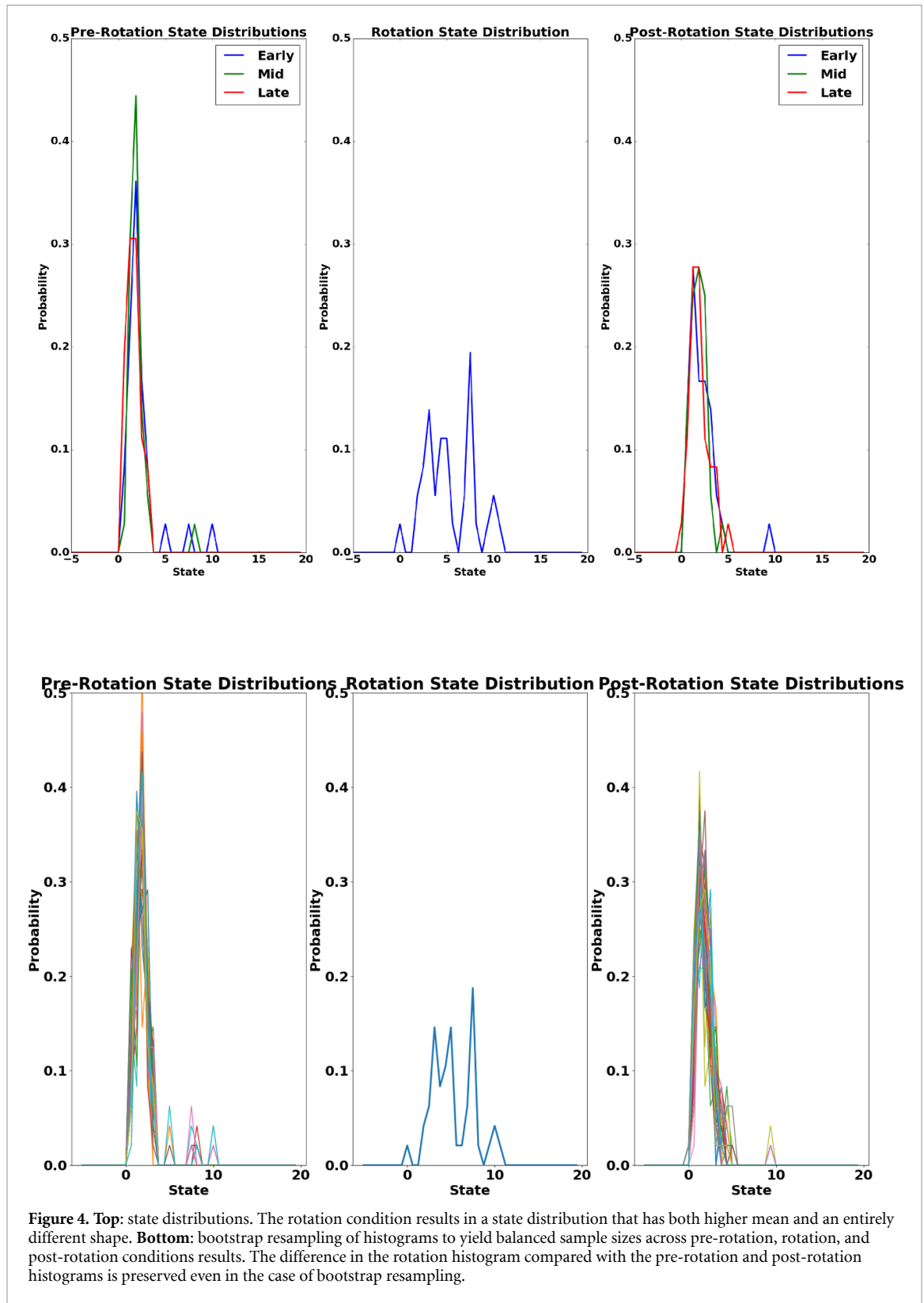
First, we examine behavioral performance during the adaptation task. Across all participants, trials and conditions, the maximum magnitude roll over the course of a trial, averaged over all subjects and

runs, was observed to be low for pre-rotation conditions, high for rotation conditions, and low again for post-rotation conditions. This point is illustrated in figure 4, where we show the distributions over states for all conditions. These plots not only make clear the presence of errors and the fact that they are quickly corrected, but also that the distributions over states contain meaningful information that would be lost by considering only the mean. For example, the distribution generated by the rotation condition has a different shape from any of those generated from the pre-/post-rotation conditions (pre/post vs rot,  $A^2 = 89.21431$ ,  $p < 0.01$ ; throughout this work, pre/post refers to the combination of pre-rotation and post-rotation samples and rot refers to rotation samples). This result holds after bootstrap resampling of samples to correct for sample-size differences between pre-rotation/post-rotation conditions and the rotation condition. Plots of the resampled histograms are shown in the second row of figure 4. The resampled histograms were generated by resampling pre-rotation and post-rotation samples uniformly at random to generate sample sizes equal to that of the rotation condition.

Analysis of these results requires a representation of the error that takes into account the observed distributional information. We observed that these distributions over distances follow a Weibull distribution

$$p(d_p; \gamma, \beta) = \frac{\gamma}{\beta} \left(\frac{d_p}{\beta}\right)^{\gamma-1} e^{-\left(\frac{d_p}{\beta}\right)^\gamma}, \quad (1)$$

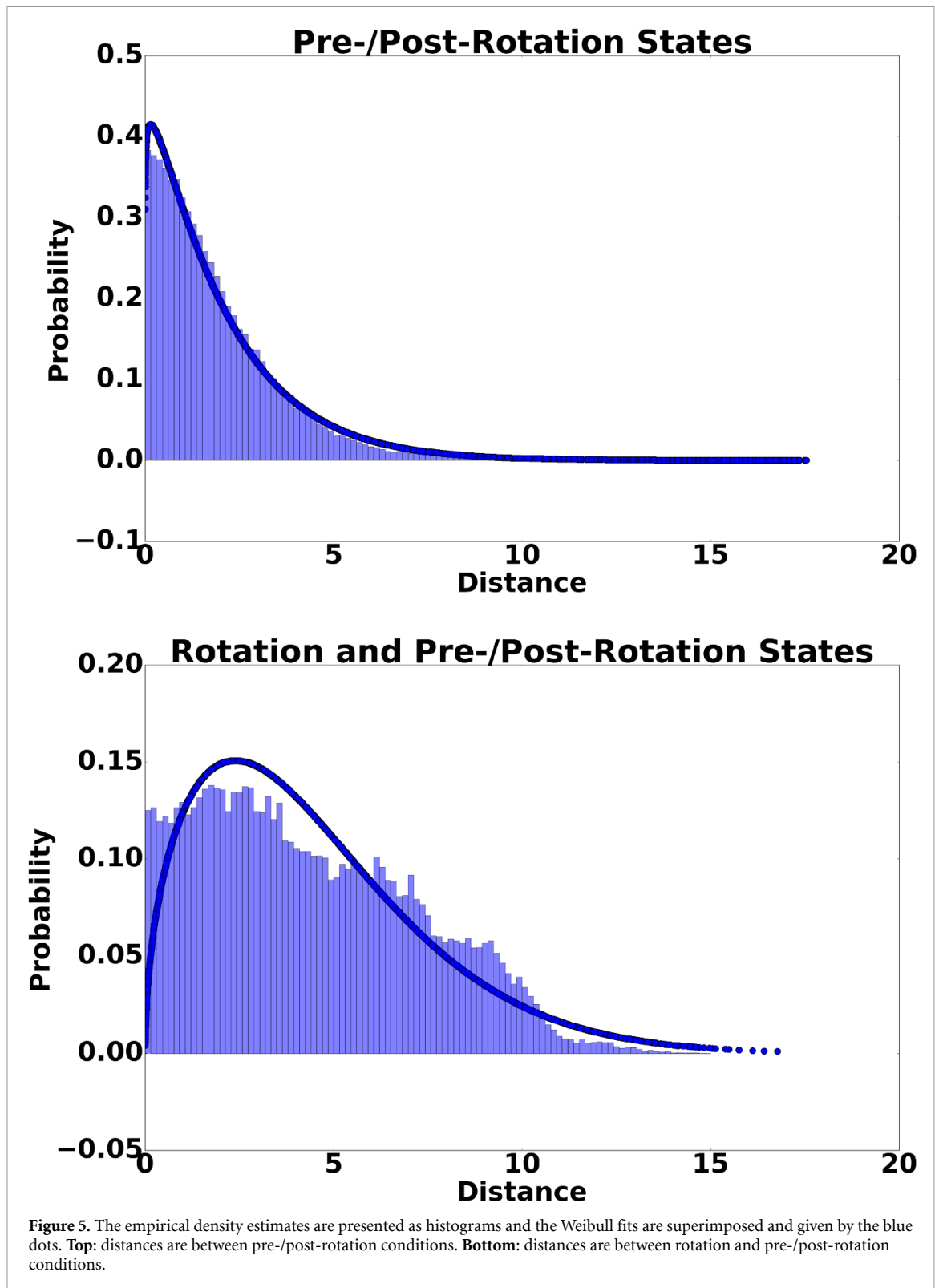
where  $d_p$  is the  $L_p$  distance and  $\gamma$  and  $\beta$  are parameters. This provides a convenient, closed-form



mathematical representation for errors that we revisit throughout this work. To validate that our distances are indeed Weibull distributed, consider first the necessary and sufficient conditions for distances between feature vectors to be Weibull distributed. Given feature vectors  $X = [X_1, \dots, X_n] \in \mathbb{R}^n$  and  $Y = [Y_1, \dots, Y_n] \in \mathbb{R}^n$ , the  $L_p$  distance between  $X$  and  $Y$  is Weibull distributed if  $|X_i - Y_i|^p$  are non-identical,

correlated, and upper bounded, for all  $1 \leq i \leq n$ . Rather than construct a mathematical proof that these assumptions hold for human movement, we instead demonstrate that Weibull distributions can be successfully fit to our data.

In figure 5 we show that the empirical distributions over distances resulting from comparing pre-/post samples with rotation samples (called rotation



or rot) differ significantly from the empirical distributions generated by comparing pre/post samples with other pre/post samples (pre/post-rot vs pre/post-pre/post,  $A^2 = 60.66115$ ,  $p < 0.01$ ). Moreover, fitting Weibull distributions to these empirical distributions using Maximum Likelihood Estimation (MLE), we are able to generate accurate fits, suggesting that the Weibull is indeed a good model for these data (pre/post empirical vs pre/post Weibull,

$\beta = 2.047$ ,  $\gamma = 1.062$ ,  $A^2 = 1.184024$ ,  $p > 0.2$ ; rot empirical vs rot Weibull,  $\beta = 4.947$ ,  $\gamma = 1.504$ ,  $A^2 = 1.72791$ ,  $p > 0.2$ ). We call the pre/post-rot Weibull the error Weibull ( $W_e$ ) and we call the pre/post-pre/post Weibull the ideal Weibull ( $W_i$ ). As subjects adapt and  $W_e$  is transformed back to  $W_i$ , a number of characteristics of  $W_e$  change: its mean shifts towards 0, its long tail becomes reduced in size, its variance shrinks, and its skew decreases. From



this, it seems as if some notion of the deviation between  $W_e$  and  $W_i$  would have to be used as feedback to a controller in order to incorporate all of this information.

### 3.2. A Distributional model for prediction errors

A model of learning that relies on the deviation between  $W_e$  and  $W_i$  can be derived from a Temporal Difference Model (TDM) [58], which can in turn be derived from a Temporal Difference Learning (TDL) update. TDL is a recursive scheme to maximize expected future rewards and requires the definition of a value function,  $V(s_t|\pi)$ , where  $s_t$  is the state at time  $t$  and  $\pi$  is a policy. The value function can be defined as

$$V(s_t|\pi) = E_{p(s_{t+1}|s_t, a_t), \pi} [r_t + \gamma r_{t+1} + \gamma^2 r_{t+2} + \dots], \quad (2)$$

$$V(s_t|\pi) = E_{p(s_{t+1}|s_t, a_t), \pi} [r_t + \gamma V(s_{t+1}|\pi)], \quad (3)$$

where  $\gamma \in [0, 1)$  is a discount factor,  $p(s_{t+1}|s_t, a_t)$  is a model of the system dynamics,  $E[\cdot]$  is the expectation operator, and  $r_t$  is the reward at time  $t$ . Perhaps the simplest approach to fitting  $V(s_t|\pi)$  using TDL, called TD(0), relies on computing an estimator  $\hat{V}(s_t|\pi)$  using the update equation

$$\hat{V}(s_t|\pi) = \hat{V}(s_t|\pi) + \alpha [r_t + \gamma \hat{V}(s_{t+1}|\pi) - \hat{V}(s_t|\pi)], \quad (4)$$

where  $\alpha \in \mathbb{R}$  is the learning rate. This update involves a comparison between  $r_t + \gamma \hat{V}(s_{t+1}|\pi)$  and  $\hat{V}(s_t|\pi)$ . The intuition for this update is, since the former has slightly more information from the environment than  $\hat{V}(s_t|\pi)$ ,  $\hat{V}(s_t|\pi)$  should be updated to be closer to it. TDM's define a reward function using the notion of a goal state,  $s_g$ , where  $r_t = r(s_t, a_t, s_{t+1}, s_g) = -d_p(s_{t+1}, s_g)$  and  $d_p$  is the  $L_p$  distance. This reward results in a value function that quantifies the expected future proximity of the system to the goal state. As applied to our experimental system, if we let  $t$  and  $t+1$  be trial numbers, since the goal state is a roll of zero,  $V(s_t|\pi)$  would then indicate the expected magnitude of the roll over future trials.

TDM's rely on a kind of reward prediction error to update the value function, and can also act as a bridge between state prediction and reward prediction errors. To be clear, state prediction error is the error in predicting the next state given the current state, and reward prediction error is the ability to predict the future reward given the current state. These errors, when applied to our system, quantify the ability to predict future rolls in expectation. This is shown in the Supplement, where we give conditions for the equivalence of state and reward prediction in the TDM framework. In our experimental system, we are not simply interested in defining  $V$

using an expectation over  $p(s_{t+1}|s_t, a_t)$  and  $\pi$ . We would like to be able to use all of the information contained in the distribution over rewards. To this end, we incorporate TDM's into the Distributional RL framework

$$Z(s_t, a_t, s_g) \stackrel{D}{=} R(s_t, a_t, s_{t+1}, s_g) + \gamma Z(s_{t+1}, a_{t+1}, s_g), \quad (5)$$

where  $Z$  and  $R$  are the value and reward distributions, respectively, and  $\stackrel{D}{=}$  indicates equality in distribution [50]. Similar to TD(0), Distributional RL updates an estimator of the value distribution,  $\hat{Z}(s_t, a_t, s_g)$ , by comparing  $R(s_t, a_t, s_{t+1}, s_g) + \gamma \hat{Z}(s_{t+1}, a_{t+1}, s_g)$  with  $\hat{Z}(s_t, a_t, s_g)$ . Because these are probability distributions,  $\hat{Z}(s_t, a_t, s_g)$  is updated to minimize

$$D_{KL}(R(s_t, a_t, s_{t+1}, s_g) + \gamma \hat{Z}(s_{t+1}, a_{t+1}, s_g) || \hat{Z}(s_t, a_t, s_g)), \quad (6)$$

where  $D_{KL}(\cdot || \cdot)$  is the KL-divergence. This update is analogous to the temporal difference learning update, generalized to the setting where rewards are probabilistically distributed. This distributional objective, with  $R(s_t, a_t, s_{t+1}, s_g)$  defined as the distribution over  $-d_p(s_{t+1}, s_g)$ , is relevant in the context of the results presented thus far. Specifically, in the case of short-time horizon problems, those where  $\gamma = 0$ , then  $Z(s_t, a_t, s_g) \stackrel{D}{=} R(s_t, a_t, s_{t+1}, s_g)$  follows a Weibull distribution.

Keeping with the notation of the previous section, we can think of  $\hat{Z}(s_t, a_t, s_g)$  as being equivalent to  $W_i$  during the pre-rotation conditions. When the center of mass changes,  $Z(s_t, a_t, s_g)$  is actually  $W_e$ , though  $\hat{Z}(s_t, a_t, s_g)$  is still  $W_i$ . The deviation between  $\hat{Z}(s_t, a_t, s_g)$  and  $Z(s_t, a_t, s_g)$ , that is,  $W_e$  and  $W_i$ , is optimized during adaptation. For the experimental system studied in this work, there are a number of potential explanations for this deviation, from errors in the model of system dynamics to errors in the behavioral policy. The identification of the precise source of the deviation between  $\hat{Z}(s_t, a_t, s_g)$  and  $Z(s_t, a_t, s_g)$  is beyond the scope of this work. Our goal is to present a framework for modeling learning with stochastic rewards in a manner amenable to both biological modeling and robotic control. With this in mind, we note that  $\hat{Z}(s_t, a_t, s_g)$  may be parameterized by  $\theta$ , which includes parameters for every component of the controller used to solve the unbalanced lifting task. We can now propose a model for motor learning, specifically, a model for learning to dynamically update a controller to lift an object in response to its changing physical properties. Our model is that the brain attempts to solve the following optimization problem

$$\underset{\theta}{\text{minimize}} D_{KL}(W_i || W_e), \quad (7)$$

To the best of our knowledge, the fusion of temporal difference learning and distributional reinforcement learning is a novel theoretical framework for reinforcement learning. The optimization problem above is a special case of the full DTDM optimization, but throughout the rest of the paper, when we refer to the DTDM problem, we are referring to equation (7).

### 3.3. Global neural activity optimizes the distributional temporal difference objective

We have already shown that behavior is updated to optimize the deviation between  $W_e$  and  $W_i$ , that is, behavior is updated according to equation (7). To see the effect of the object rotation condition on global neural activity, we first processed brain activity in consecutive time intervals using finite impulse response (FIR) modeling. We then selected FIR time bins that are likely encoding information about the lift of the apparatus. Details of the method used to select the ‘lift’ FIR bins are given in the Supplement. Briefly, we first identify ‘pre-lift’ FIR bins as those before lift onset: this occurs at FIR bin 3. We then interpret the hemodynamic response as a stochastic process and note that there are two distinct stimuli within each trial: the pre-lift and lift stimuli. Given that these stimuli are separated in time, their respective hemodynamic responses will peak at different times. This allows for the segmentation of the FIR bins as most likely generated from either the pre-lift or the lift process. Those most likely generated from the lift process (bins 15-16) are called ‘lift’ bins and are used to estimate the deviation of global neural activity resulting from lift. These bins are identified using a hard threshold based upon a model of the hemodynamic response (i.e. the Canonical Hemodynamic Response Function, CHRF) [2]. We interpret the CHRF as a mixture of Gamma Distributions. Using two CHRFs (one corresponding to pre-lift and one corresponding to post-lift), we are able to segment the FIR bins as most likely exhibiting BOLD activity from pre-lift or post-lift. Further details on this method are given in the Supplement.

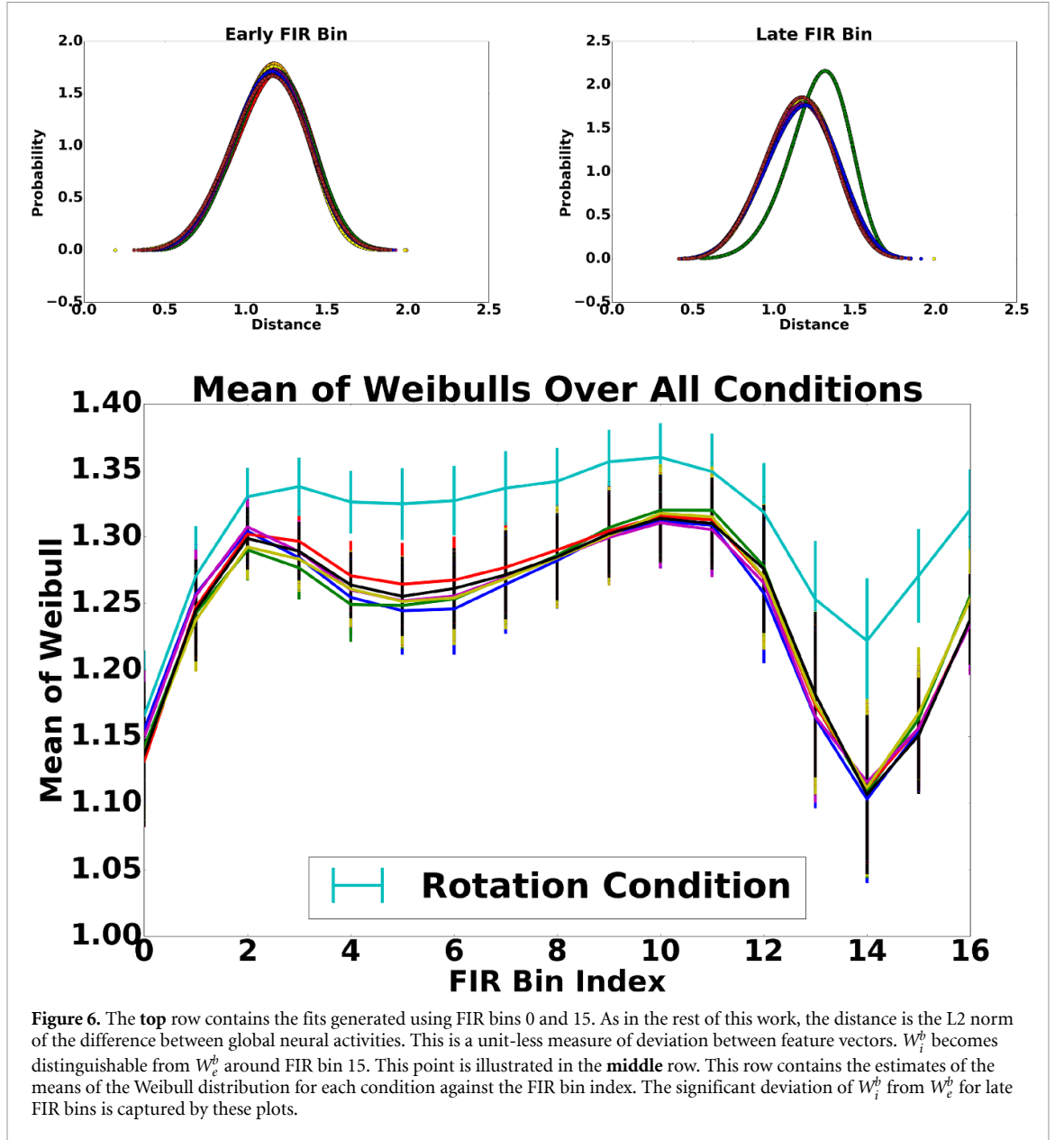
These results are shown in figure 6. For each condition (pre-rotation early/mid/late, rotation, post-rotation early/mid/late), Weibull distributions were generated by comparing the betas generated during that condition with the betas generated during all others. Example Weibull distributions generated during FIR bin 0 and FIR bin 15 are shown in the left and right columns of the top two rows of figure 6. The distribution generated using the rotation condition exhibits a significant deviation from the others at FIR bin 15 but not FIR bin 0. Because pre/post-pre/post and pre/post-rot Weibull distributions are statistically different for lift bins but not pre-lift bins (pre/post-rot vs pre/post-pre/post for pre-lift bins,  $t(df) = -1.572\,965$ ,  $p > 0.2$ ; pre/post-rot vs pre/post-pre/post for lift bins,  $t(df) = -8.73\,572$ ,  $p < 0.01$ ), this suggests

that global neural activity is perturbed by the rotation condition, and then moves back to become indistinguishable from the pre-rotation state. Thus we call the pre/post-pre/post Weibulls ‘ideal beta Weibull distributions’ or  $W_i^b$  and the pre/post-rot Weibull the ‘error beta Weibull’ or  $W_e^b$ .

Our results suggest that the brain may be sensitive to  $D_{KL}(W_i||W_e)$ . In figure 7 (bottom row) we show that the difference in the means of  $W_i^b$  and  $W_e^b$  (using lift FIR bins) is directly proportional to the deviation between  $W_i$  and  $W_e$  (i.e.  $D_{KL}(W_i||W_e)$ ;  $R^2 = 0.55$ ). We show in figure 7 (left, middle row) that global neural activity is also directly proportional to the TDM error, that is, errors in expected future reward ( $R^2 = 0.44$ ). To understand this result, we present histograms estimating  $W_i$  and  $W_e$  from two representative subjects. The transport of  $W_e$  to  $W_i$  involves more than just a shift in the mean for both subjects, but for both (and for all other subjects as well), the mean is indeed shifted during adaptation.

It is important to note that TDM does not contain a complete description of the errors. To see this quantitatively, we use a Conditional Value at Risk (CVAR) model [16]. CVAR models offer a means of taking advantage of the information contained in the value distribution, beyond its mean. These models involve optimizing the expected value in the tails of the value distribution. For example, minimizing lower tail values results in controllers that are risk averse. Risk aversion in our experimental system would involve minimizing the use of actions leading to outcomes in the tail of  $W_i$ . For example, suppose that subjects initially used lifting strategies that sometimes led to states near zero (extremely successful outcomes), but also often led to the apparatus being dropped, resulting in high roll. A risk averse learning process would avoid this strategy, leading to fewer observations in the tail of  $W_i$ . Interestingly, because this may also reduce the observation of as many low roll states, the mean of  $W_e$  may be unaffected by risk averse learning. We show in figure 7 that the CVAR error (i.e. the expected lower-tail value) is also proportional to mean neural deviation ( $R^2 = 0.46$ ). Because CVAR error is a characteristic of the value distribution and is independent of the means of  $W_i$  and  $W_e$ , this suggests that the global neural deviation is, in fact, also encoding more than just the expected future reward.

The error  $D_{KL}(W_i||W_e)$  can be interpreted in a number of ways since different aspects of neural activity could contribute to this shift. Sensory activity as well as error signaling could contribute to such a shift. In addition, compensatory behaviors were also observed during the course of a lift. When a subject perceived a tilt, they would often attempt to change the forces and torques used during the course of the lift, often resulting in reduced roll. We hypothesize that there exists a coordinated, global response to



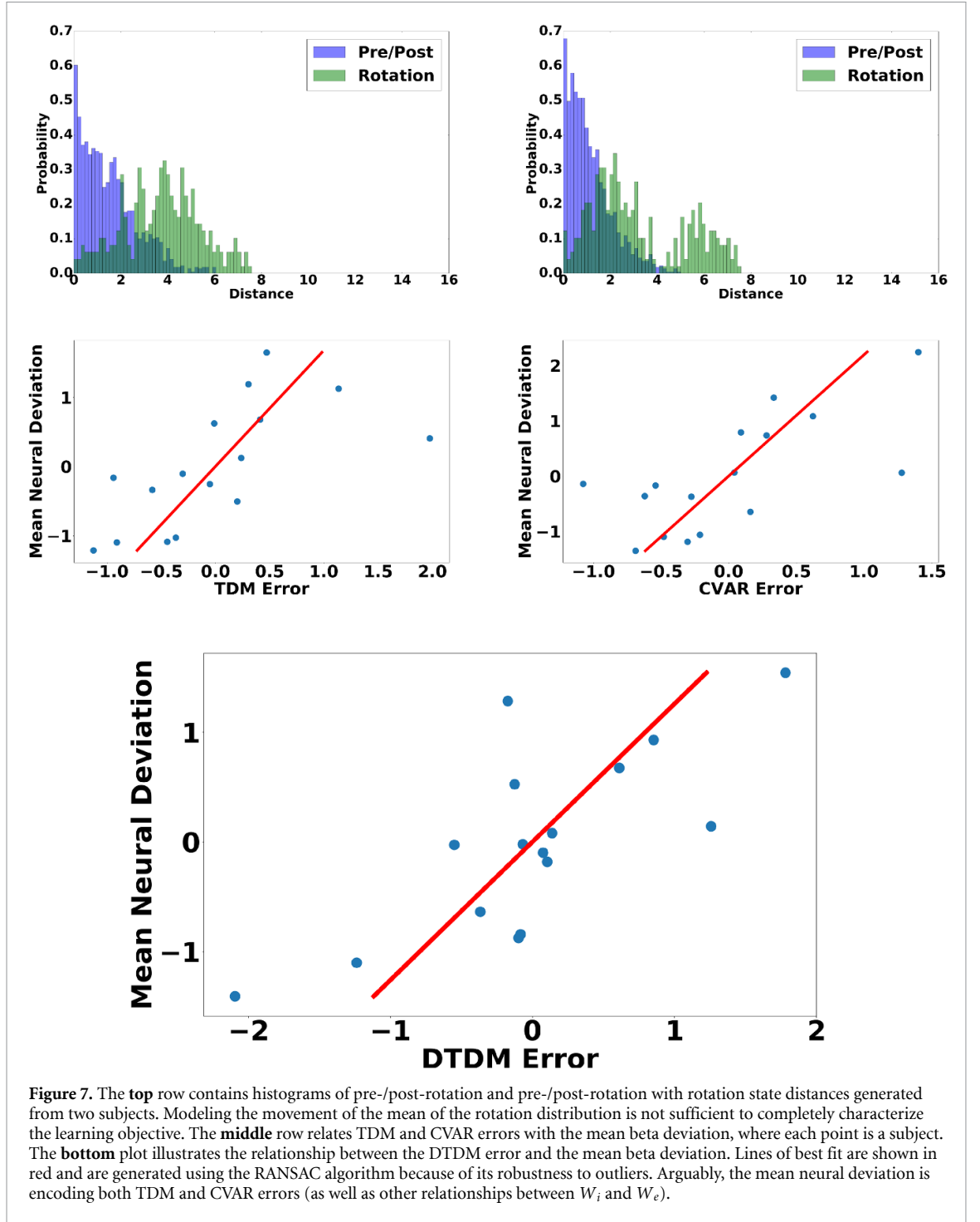
errors that incorporates all of this information and that it is proportional to  $D_{KL}(W_i||W_e)$ . To show that the global shift in neural activity can be directly used as a feedback error signal, we use  $D_{KL}(W_i||W_e)$  to fit a robotic controller.

### 3.4. Robots can also optimize the distributional temporal difference objective

Conveniently, the optimization problem in equation (7) leads to a form that can be optimized by an artificial agent. To see this, we consider an optimization problem similar to those used to update models of system dynamics for use in Model-Based RL. A popular objective for fitting a model of system dynamics is

$$\underset{\theta}{\text{minimize}} ||s_{t+1}^* - f_{\theta}(s_t, a_t)||_2^2, \quad (8)$$

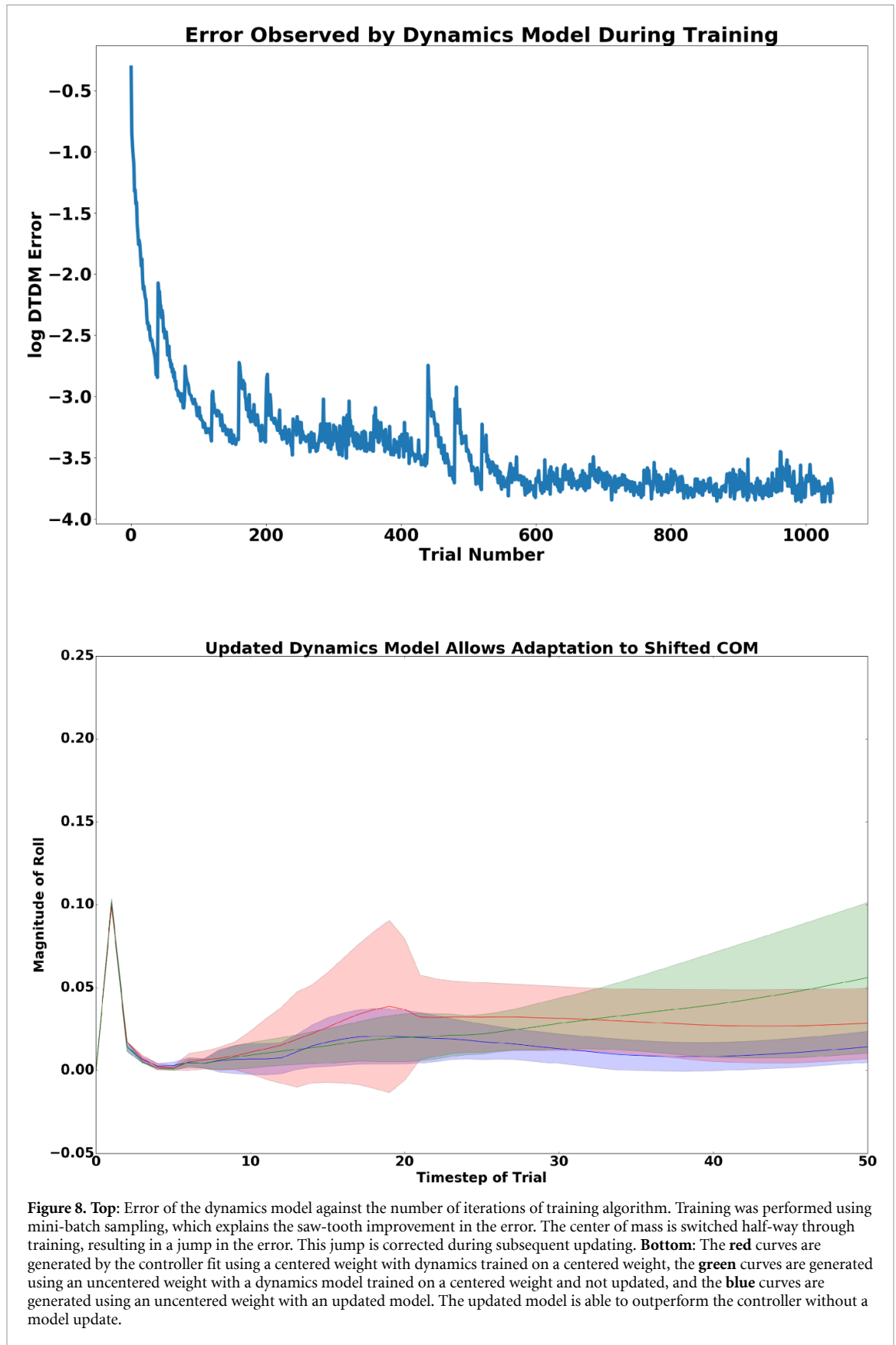
where  $f_{\theta}$  is a model parameterized by  $\theta$ ,  $s_{t+1}^*$  is the true state at time  $t+1$ , and  $f_{\theta}(s_t, a_t)$  is the predicted state at  $t+1$ . On its face, it may not be obvious how equation (8) is related to equation (7). The latter involves fitting  $W_e$ , which is a distribution over distances between the current and target states, while the former involves comparing predicted and actual states at time  $t+1$ . To see the connection, consider the fact that if  $f_{\theta}$  is a probabilistic model, even if its performance is optimized via equation (8) (with some steps taken to preserve non-zero variance), the distances  $||s_{t+1}^* - f_{\theta}(s_t, a_t)||_2$  will be Weibull distributed. We can think of this Weibull as  $W_i$ . In the case where the environment changes and the state at time  $t+1$  is no longer  $s_{t+1}^*$  but instead  $s'_{t+1}$ , the performance of  $f_{\theta}$  is no longer measured by  $||s_{t+1}^* - f_{\theta}(s_t, a_t)||_2$ . Instead,  $||s'_{t+1} - f_{\theta}(s_t, a_t)||_2$  is used. The distribution over these new distances is no longer



$W_i$ , and we call this new Weibull  $W_e$ . Updating the dynamics model using equation (7) would then amount to bringing the predictions of  $f_{\theta}(s_t, a_t)$  as close to  $s'_{t+1}$  as they had been to  $s^*_{t+1}$  before the environment changed. We incorporate equation (7) into a model-based RL approach. We use this model-based framework to allow a simulated robotic arm to learn to lift a block when the location of its center of mass is periodically shifted.

The controller we use assumes the existence of two stochastic policies: one that is capable of lifting an object with a centered center of mass and

another that is capable of lifting an object with an unbalanced center of mass. We make this assumption because in learning to adapt to a shifting center of mass, the human subjects in our experiment already know how to lift the object in both orientations. The task is assessing their ability to adapt, thus this is the focus of our robotic experiment as well. At time  $t$  of the simulation,  $R$  possible actions are sampled from the policies. Rollouts from these actions are simulated forward in time to  $t + T$  using a dynamics model and the policies. This results in  $R$  state-action trajectories of length  $T$ . These trajectories



are compared using the cumulative reward over all  $T$  timesteps,  $\sum_{h=t}^{t+T} c(s_h^i, a_h^i)$ , where  $i \in \{1, \dots, R\}$  and  $c(s_h^i, a_h^i)$  is the absolute value of the roll of the object at time  $h$ . The action at time  $t$  yielding the lowest

cost trajectory is the one selected and this process is repeated for each timestep.

The results of this experiment are shown in figure 8. The top plot shows the error generated by



the dynamics model with respect to the trial number. Shortly after trial 400, the center of mass is switched, causing a spike in the error. Within about 50 trials, the model has adapted and its performance has improved to be better than it was before the switch. The bottom plot shows the performance of the controller as measured by the absolute value of the roll over the course of the trial. The results show that the robot is able to adapt quickly to the changing center of mass, albeit not as quickly as a human. The robot is able to adapt in a little over 100 trials, while the human is able to adapt within 1-2 trials.

There are many possible sources of inefficiency for the robotic controller that could explain this performance gap. First, the dynamics model is updated using random batch sampling from past experience. Arguably, humans do not randomly sample from all past experiences with the object when faced with sub-optimal performance. They are able to draw from past experience based upon hypotheses as to the cause of the errors. Next, the dynamics model is relatively simple and contains no prior knowledge before training about how such objects behave. The human mind contains an enormous amount of past experience to draw on to generate hypotheses explaining errors. The representation of the object in the human mind is also much higher dimensional than the representation used by the robot, containing tactile, visual, and auditory information. Yet, while the performance of the robotic controller is not at the level of the human, these experiments demonstrate that the DTDM objective can actually be used to solve a control problem that is similar to the one solved by humans. Videos demonstrating the robot's performance can be found at (Naive model: <https://youtu.be/Amm5ziMSv7U>; Updated model: <https://youtu.be/2zqlX-2TvCU> ).

## 4. Discussion

We have proposed a distributional learning objective for use during motor control and used this representation to construct a model of motor learning. To so do, we extended Temporal Difference Models to Distributional Temporal Difference Models. We have shown that behavior appears to optimize this distributional objective and that deviations in global neural activity are proportional to the magnitude of the distortion of the value distribution. DTDM is not simply useful as a model of motor learning. We have shown that it can be incorporated into a robotic controller and used for engineering applications. The strong connection implied between neural and robotic systems suggests that improved understanding of the brain can be directly used to improve robotic engineering. Our work also suggests that work exploring the converse claim may be successful as well. This claim is often made indirectly, for example, by citing the neuroscientific origins of machine learning,

though there is currently no formal framework for extracting neuroscientific principles for the purpose of engineering AI [15]. We hope that this work will be a step in this direction.

Our results also contribute to the accumulating body of evidence in support of the Minimum Free Energy (MFE) theory of neural learning [4–14]. Our results concern motor learning, while the MFE theory is posited to apply to neural learning in general. This theory posits that learning proceeds through the optimization of a free energy of the form  $E_\rho[V] + H[\rho]$ , where  $V$  is a potential function,  $E[\cdot]$  is the expectation operator, and  $\rho$  is a probability measure. Interestingly, optimization of this free energy is equivalent to optimization of  $D_{KL}(\rho||e^{-V})$  [4]. In this work, we have not explored the extent to which  $W_i$  can be approximated by a measure of the form  $e^{-V}$ : this information would allow for equation (7) to be directly related to a free energy functional. This may be an interesting direction for future work. The connection between this work and MFE theory raises questions related to the neural origins of the DTDM objective. Specifically, is this mathematical objective explicitly encoded by some population of neurons? Previous work has shown that populations of neurons are capable of performing Bayesian inference and both MFE learning and optimization of the DTDM objective are examples of variational Bayesian inference [1]. Further work is necessary to explicitly demonstrate the mechanism of how neurons are capable of encoding the DTDM objective.

We have proposed a distributional framework for motor learning, but have not explored in depth how different aspects of the value distribution could be used during motor adaptation. By extending TDM's to the setting where policies are able to optimize the structure of value distributions, we allow for explicit modeling of properties of learning that cannot be captured by TDM's alone. One such property of human learning is risk aversion, where humans not only learn to maximize reward, they also learn to avoid poor performance (in the case of this work, low reward). In figure 5, we show that  $W_e$  has a much longer tail than  $W_i$  in addition to having a higher mean, and that the shape of the tail of  $W_e$  is also optimized during learning. This is caused by a reduction in the relative number of large rolls (shrinking the size of the tails of  $W_e$ ), which is a form of risk aversion. Using the difference in the means of  $W_e$  and  $W_i$  obscures this information, despite the fact that it is useful in a number of different settings. Certainly, there are situations in which risk-averse behavior is best and situations where it results in overly cautious behavior. By maintaining a representation of the value distribution, the brain is able to generate policies by optimizing different aspects of the distribution. These policies can be selected from, to produce behavior that is appropriately cautious for a given situation. The issue of selecting from amongst a population of possible actions is



interesting in the context of DTDM for other reasons as well. Often, the representation of errors used in control problems and in modeling neural controllers is subordinate to the type of controller used, for example, either model-based or model-free. This work suggests that from both a neurological and an engineering standpoint, this manner of thinking may be reversed. Specifically, it may be better to develop a representation of errors that can be used for either model-free or model-based control, and then develop a controller that can best optimize this error in the system of interest. In the context of neurological systems, this suggests the existence of a generic error encoding that are independent of the class of controller. The utility of such a generic error representation would facilitate, for example, action selection in the setting where a number of candidate actions must be selected from and the candidate actions are generated from both model-free and model-based systems [17–21]. In this setting, a generic representation of error would allow for a universal way of comparing the performance of controllers and selecting actions.

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## ORCID iD

Brian A Mitchell  <https://orcid.org/0000-0003-0870-0434>

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